



*Flame of Love*  
of the  
Immaculate Heart of Mary Movement  
*Ireland*

# FLAME OF LOVE PRAYER BOOKLET

*Including: Introduction, Cenacle Prayers, 9 Day  
Novena & Additional Resources*

Created for The Flame of Love of the Immaculate Heart of Mary Movement Ireland

To Request Copies, email [info@flameoflove.ie](mailto:info@flameoflove.ie)  
or visit [www.flameoflove.ie](http://www.flameoflove.ie)

*\*All are Welcome to COPY & DISTRIBUTE this entire booklet as needed\**

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# FLAME OF LOVE RESOURCE BOOKLET

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# FLAME OF LOVE CENACLE PRAYERS

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WELCOME TO THE FLAME OF LOVE  
OF THE  
IMMACULATE HEART OF MARY

This downloadable Resource Booklet presents a brief Introduction to the Flame of Love Movement, The Cenacle Prayers Section includes the Flame of Love Rosary Meditations that also accompany the Flame of Love Rosary, the 9 Day Novena and prayers and are prayed in the Reparation Cenacles. The final section includes Helpful Resources. Please feel free to download and distribute this booklet. We do ask, however, that you do not SELL this work for profit. May Our Lady bless you and your family for participating in Her Movement of Grace.



Jesus said: 'All are invited to join my special fighting force. The coming of My Kingdom must be your only purpose in life. My words will reach a multitude of souls. Trust ... I will help you in a miraculous way.'

Jesus continued: 'Do not love comfort. Do not be cowards. Do not wait, confront the storm to save souls. Give yourselves to the work. If you do nothing, you abandon the earth to Satan and to sin. Open your eyes and see all the dangers that claim victims and threaten your own souls.'



# Introduction to the Flame of Love Movement of the Immaculate Heart of Mary Movement

If you are reading this, it is because Jesus and Our Lady have something to ask of you. One of the great challenges we have when presenting the Flame of Love of the Immaculate Heart of Mary is the assumption it is another of many Marian devotions or about the words of another mystic. The Flame of Love is not about the messenger nor the messages; it is all about grace. In fact, we refer to the Flame of Love as the Movement of Grace built upon the Movement of Mercy – the two great Movements given to the Church at this time for what the world needs most is Mercy and Grace.

This is why the Flame of Love is for everyone and not just those in the apostolate of the Flame of Love because grace is for everyone. The purpose of the Flame of Love is not to compete with other ministries but to strengthen every ministry in the Church, every person in the Church, every family in the Church, by a renewed commitment to a life of grace – to bring every person into such deep intimacy and union with Jesus by the effect of grace that the influence of Satan on our families, communities, country, Church, and world is driven out and souls are saved. In the vocabulary of the Flame of Love, this is called blinding Satan, i.e., so that he loses his influence over souls.

In giving the Flame of Love to the Church on April 13, 1962 through Elizabeth Kindelmann, a widowed mother of six and Secular Carmelite in Communist Hungary, Mary said this would be the greatest outpouring of graces since the Word was made flesh. She told us the Flame of Love of her Immaculate Heart is not a what but a who: Jesus himself. It is all about Jesus; it has always been about Jesus; it will always be about Jesus. She also said this would be her greatest miracle ever – greater than Fatima or Lourdes because it would not be a miracle in one place with a great sanctuary built in remembrance but the miracle of making every family a sanctuary – a holy place filled with Jesus by the effect of grace and that, when the world sees Jesus fully present in countless lives around the world, it will finally take notice. Jesus, The Flame of Love, vibrantly alive in families by grace is the miracle.

## The Salvation of Souls

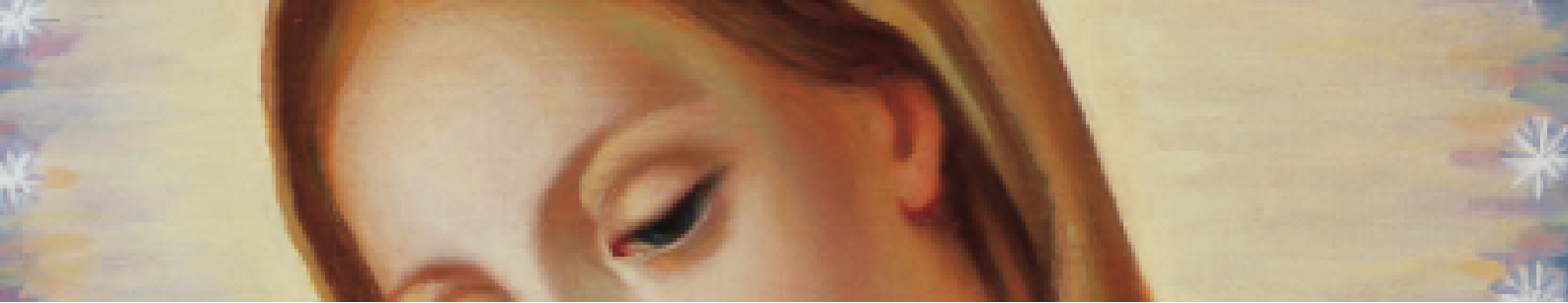
The objective of all heavenly interventions is the salvation of souls. At Fatima Our Lady showed a vision of Hell to the children and said that the reason why souls are lost to Hell is because there is no one to pray for them. The purpose of this prayer book is to encourage you to pray and make sacrifice as our Blessed Mother and Jesus' Way of the Cross requests.

The prayers in this booklet include the communal Cenacle Prayers and the 9 Day Novena of the Flame of Love Movement and are structured to be a reminder of the great work of Jesus for the salvation of souls and Jesus' desire for us to participate with Him in this great work. Notably in the meditation on the Ascension of Jesus into Heaven we read the words of Jesus to Elizabeth Kindelmann:

Jesus said: 'The Church is in great danger and you cannot remedy the situation with earthly means or efforts. The Most Holy Trinity and the Holy Virgin alone, the Angels and all the Saints, and with the assistance of all the souls delivered by you from Purgatory, are still able to provide for the needs of the Militant Church.'

As we look around us in the world today, we can detect the truth of what Jesus said to Elizabeth. We can all see and are at the same time subject to the great movement of militant atheistic materialism, which is communism in all its forms, taking place in the world as Our Lady warned at Fatima. There are many evident signs of Satan's activity in the world today. The prevalence of lies, arrogance, hatred and malice are significant. God is Truth, Beauty and Goodness and as St John so often reminds us, God is Love. The Flame of Love is the antidote to these malign influences.





## Holy Souls

Ireland has a strong tradition of praying for and making sacrifices for the Holy Souls in Purgatory, particularly in November. Our Lady told Elizabeth that when the Hail Mary was prayed three times including the invocation 'spread the effect of grace of thy Flame of Love over all humanity' a soul would be released from Purgatory. In November ten souls are released for each Hail Mary.

The Holy Souls undergo a period of purification from sin in Purgatory to attain the holiness needed, through the grace of God, to enter into His presence in Heaven. When the Flame of Love spreads over humanity it also extends to the souls in Purgatory. When we unite ourselves to Jesus in praying the Flame of Love Hail Mary, we play our part in the communion of saints, as pilgrims on earth, in helping those in Purgatory attain full remission. The effect of grace through Jesus is to complete their sanctification and so allow them to take the final step to union with God.

## The Holy Rosary

Elizabeth records Jesus as saying everything has meaning. During the great miracle of Fatima Our Lady appeared to the children dressed as Our Lady of Mount Carmel holding out to them the rosary. Both Jesus and Our Blessed Mother call Elizabeth their little Carmelite. Our Lady has gifted us this Flame of Love Rosary, at this time, to save and free souls from Purgatory.

The effect of grace is to change and save humanity from the path of eternal separation from God. This is why the rosary is so important, and if we pray the rosary in honour of the Flame of Love of the Immaculate Heart of Mary, together with our participation in the Holy Sacrifice of the Mass united with our Shepherds, our situation on earth will change. We pray in honour of Jesus who frees the Holy Souls from the place of suffering. These souls then pray in unison with all the saints and angels for us here on earth. It is thus that the war between the woman and her seed foretold in Gen. 3:15 will be won.

## The Flame of Love HAIL MARY

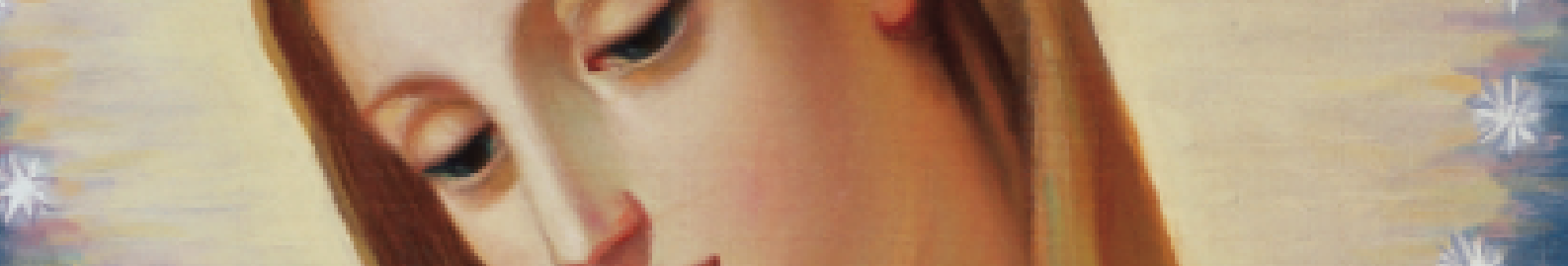
Jesus: 'It is exclusively thanks to the efficacious pleasure of the Most Holy Virgin that the Most Holy Trinity granted the effusion of the Flame of Love. By it, ask in the prayer with which you greet My Most Holy Mother:

Hail Mary, full of grace, the Lord is with Thee. Blessed are you among women and blessed is the fruit of Thy womb. Holy Mary, Mother of God, pray for us sinners, *spread the effect of grace of Thy Flame of Love over all of humanity*, now and at the hour of death. Amen.

The Most Holy Virgin added: 'I do not want to change the prayer by which you honour me; by this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication.'

In reciting the Hail Mary with the words 'spread the effect of grace of Thy Flame of Love over all humanity', Our Lady told Elizabeth Kindelmann, *"When recited, prayerfully, in honour of the Flame of Love of the Immaculate Heart of Mary, for every three recitations one soul is released into the presence of the Eternal Father. In November, it is ten souls for each recitation."* We also include the conversion of sinners, the blinding of Satan, and the New Pentecost and whatever other gifts God will give His Church and humanity through His Mother.

Jesus, knowing our natural skepticism to change, especially in adding a petition to the Hail Mary, anticipates Elizabeth's question, "Why"? Jesus' answer to Elizabeth, *"So that, by its effect, humanity is converted."*

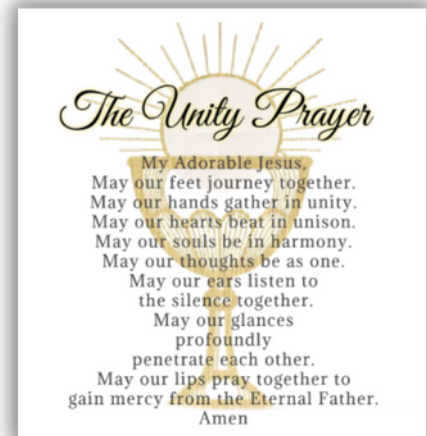


## The UNITY PRAYER

United with Jesus we have the means to save souls from the fires of Hell. St John tells us the whole purpose of the Gospel message is for us to come to know the Father and Jesus Christ, whom He sent to us because this is the path to eternal life. The way we can know Jesus and thus our Eternal Father is to take to our hearts the Unity Prayer which expresses the desire of Jesus for our participation with Him in the work of salvation.

My adorable Jesus:

May our feet journey together.  
May our hands gather in unity.  
May our hearts beat in unison.  
May our souls be in harmony.  
May our thoughts be as one.  
May our ears listen to the silence together.  
May our glances profoundly penetrate each other.  
May our lips pray together to gain mercy from the  
Eternal Father. Amen



One of the central messages of the Flame of Love is that through praying the Unity Prayer, Satan is blinded and people are protected from falling into sin.

In the Unity Prayer, we unite ourselves completely to Jesus, the Flame of Love, and we walk with him. Jesus, the Flame of Love, blinds Satan. A comparison might be made to St. Patrick's Breastplate (Lorica) which has notable similarities. By putting on Christ as a breastplate the wearer is protected from the evil enemy. It also has echoes of St. Paul encouraging us to put on the armour of God (Eph. 6:11) so that we can stand our ground in the spiritual battle.

## The Flame of Love MOVEMENT

As you will have gathered by now the Movement of the Flame of Love Movement of the Immaculate Heart of Mary is to pray and make sacrifice, also by our daily living of the Gospel, in union with Jesus, for the salvation of all souls. What you may not realise is: Jesus is the Flame of Love of the Immaculate Heart of Mary. Our Lady was able to say, 'My soul Magnifies the Lord', simply because Jesus is in her heart. Our hearts too Magnify the Lord because they are the dwelling place of Jesus and the Most Blessed Trinity.

We encourage you to read Elizabeth's Diary, 'The Flame of Love of the Immaculate Heart of Mary: The Spiritual Diary of Elizabeth Kindelmann', because there you will discover for yourself the way Jesus and Our Lady led her to participate in Jesus' great work of salvation and how you too can participate in union with Jesus and Our Lady.



## The Flame of Love is Established within the Universal Church

Excerpts from the Official Decree (Read by Canon László Sülle):

‘Our Lady of Hungary pray for us!

With these words, I establish in the Archdiocese of Esztergom-Budapest the 'Flame of Love of the Immaculate Heart of Mary Movement' as an ecclesial association of the faithful in Christ. It is a private association enjoying a juridical personality. At the same time, I also approve for this Archdiocese the Statutes of this Association as accepted in San Paulo, Brazil, on August 15, 2008 and as approved in the Archdiocese of Hermosillo, Mexico, on December 11, 2008. I ask God to give His abundant blessings for the life and activities of this Association. May your activities serve the spiritual renewal of our homeland! Budapest, Palm Sunday, 2009.

With my blessing as pastor, Péter Erdő Cardinal, Primate and Archbishop’

## The Flame of Love in IRELAND

The Flame of Love Movement has recently been exploding around the world bringing a powerful force of renewal. In 2020 a small group of devotees made contact with John Sullivan, International Director of Communication and Dissemination in the USA seeking support for Ireland. With the help from our brothers and sisters abroad (and in the middle of COVID lockdowns), Our Lady's Flame of Love Movement was ignited.

On the 7th May 2022, the Irish Apostolate of the Flame of Love of the Immaculate Heart of Mary held its first All-Ireland, National Conference in Newry and introduced its First National Director who was appointed by the Movement's International Coordinator, Győző Kindelmann (grandson of Elizabeth Kindelmann). Our Lady's Movement now has its first leadership team in place. Please see our website's Contact Page to meet Our Lady's Irish Helpers.

Since officially launching in Ireland there has been much work taking place, but there is still much work to be done. We would welcome more hands gathered in unity (and prayer!) to assist in Our Lady's mission to spread her Flame of Love. Please let us know if you would like to help in any way.

Please help Jesus in His great work of the salvation of souls and this is how to join us: We would love you to join us in this great endeavour of Jesus, the Flame of Love of the Immaculate Heart of Mary.



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# FLAME OF LOVE CENACLE PRAYERS

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This downloadable booklet presents a brief Introduction to the Flame of Love Movement, the prayers used in the Flame of Love of the Immaculate heart of Mary Movement followed by Helpful Resources to help grow deeper relationship with Our Lord, Jesus.

Please feel free to download and distribute to others. We do ask, however, that you do not SELL this work for profit. May Our Lady bless you and your family for participating in Her Movement of Grace



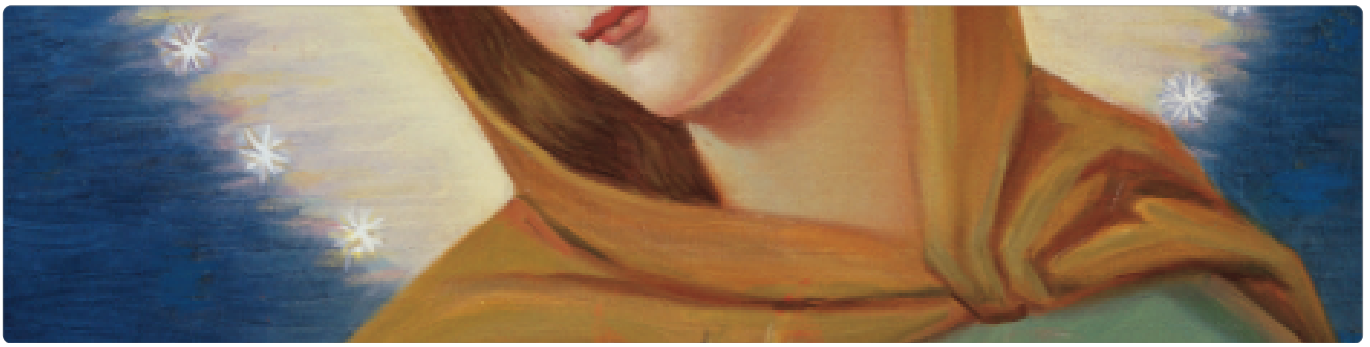
## 1 Prayer to the Holy Spirit

Come Holy Spirit, and fill the hearts of your faithful, enkindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth. Oh, Holy Spirit, grant us all the gifts to perfect the virtues, so we may live the beatitudes with Jesus Christ for the glory of the Father and the salvation of souls. O Holy Spirit, substantial Love of the Father and the Son, uncreated Love dwelling in the souls of the just, come down upon me like a new Pentecost and bring me an abundance of Your gifts, of Your fruits, and of Your grace; unite Yourself to me as the most sweet Spouse of my soul. I consecrate myself entirely to You. Invade me, take me, possess me wholly. Be the penetrating light which illumines my intellect, the gentle motion which attracts and directs my will, the supernatural energy which gives energy to my body. Complete in me Your work of sanctification and love. Make me pure, transparent, simple, true, free, peaceful, gentle, calm, serene even in suffering, and burning with charity toward God and neighbour. Kindle in me the fire of Your love and the flame of eternal charity. Amen

## 2 A Reading from the Letter of St Paul to the Ephesians (3: 14-21)

For this reason, I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge, that you may be filled to the measure of all the fullness of God. Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the Church and in Christ Jesus throughout all generations, for ever and ever! Amen





### 3 Consecration of the Flame of Love Apostolate

Lady of Mount Carmel, Queen of heaven and earth, and Our Mother, through whom Almighty God has delighted to extend the greatest movement of graces to mankind since the Word became Flesh, we consecrate to your Immaculate Heart, completely and forever, the Flame of Love Apostolate, formed to assist you in saving your children, accelerating your Triumph and welcoming the Second Pentecost of the Holy Spirit, by spreading the effect of grace of your Flame. We ask you to guide us in this, your apostolate, so that our planning conforms to your wishes and our efforts are always performed in your name, the holy name of Mary. Enable us to grow, under your guidance, so that the effect of grace of the Flame of Love will spread over all humanity. Send additional priests, and the faithful, who will embrace your endeavours, and help our apostolate to expand throughout this entire country and beyond. Cover us with your scapular of protection and your mantle of unity, harmony and love; keep us steeped in humility so we do not falter. Strengthen us against all attacks of the enemy. Grant us the desire to share in the redemptive activity of your Divine Son. Keep us strong, active and resolute; grant that our inevitable frustrations and failures will make us more determined than ever to continue our efforts, increasing your glory and thereby, the glory of Jesus, Our Saviour. We ask nothing in return but the pleasure of serving you. Strengthen us in prayer and contemplation so that our apostolic actions may conform to your will and exceed expectations. Most Blessed Trinity, please approve our consecration and through Mary, Our Mother, enable our apostolate to return lost sheep to your merciful bosom for all eternity. Amen

### 4 Prayer Intentions

We pray in thanksgiving to God for the gift of life and creation, our shepherds, the dying, in honour of the Flame of Love of the Immaculate Heart of Mary for the release of holy souls from the place of suffering, our families, the unborn, the triumph of the Immaculate Heart of Mary, the salvation of the whole world, our personal petitions...

### 5 Meditation on Jesus' Five Wounds

*We reflect on the sacrifice of love made for us and, in turn, offer ourselves to the Heavenly Father through all the wounds of our Saviour, Jesus Christ.*

*Suggested Vocal Prayer:* We kiss the wound of Your *Sacred Left Hand*, with sorrow deep and true in reparation for our sins and the sins of the whole world (now make the Sign of the Cross and Repeat for each wound...)

- *Sacred Right Hand*
- *Sacred Left Foot*
- *Sacred Right Foot*
- *Sacred Side*

Amen



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# 6 The Holy Rosary

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In the name of the Father, and of the Son, and of the Holy Spirit. Amen

## The Apostles Creed

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I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## Prayers for the Increase of Faith, Hope and Love

One Our Father, Three Hail Mary's and  
One GloryBe

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## The Joyful Mysteries

*Usually prayed on Monday & Saturday*

### 1 The Annunciation

Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving 'yes' joined to yours.

Mary: 'I place in your hands a ray of Light. It is the Flame of Love of My Immaculate Heart! I love you, and united with you hand in hand I shall save you.'

### 2 The Visitation

Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.

Mary: 'There is so much sinning in the world! Help me save souls! I place in your hands a ray of light: the Flame of Love of My Immaculate Heart. Ignite your own heart with it and pass it on to others, at least to one more soul.'

### 3 The Birth of Jesus

Mary, tenderness of the poor, make us discover the true wealth of the Kingdom, you who lived it at the birth of Jesus.

Mary: 'This Flame of graces springing from my Immaculate Heart has to go from heart to heart. This will be the great miracle whose light will blind Satan.'

### 4 The Presentation of Jesus in the Temple

Grant us, Mary, that we may recognise the Light of God in our lives as Simeon recognised it at the Presentation of Jesus.

Mary: 'I will spread the flow of graces from My Flame of Love over all people and nations. Not just those belonging to the Catholic Church but over all those marked with the Sign of the Cross of my Divine Son.'

### 5 The Finding of the Child Jesus in the Temple

Mary, who has welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.

Mary: 'I can no longer suppress My Flame of Love within me, let it flow towards you! Those who grant shelter to My Flame of Love will be empowered by an infusion of graces and will proclaim to the whole world that such an outpouring of graces has never been seen since the Word became Flesh...'



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# 6 The Holy Rosary

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## After each mystery pray ...

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*My Jesus*, forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those who are inmost need of Thy Mercy.

*Come Holy Spirit!* Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

*My adorable Jesus:* May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.

St. Joseph, pray for us. (3 times)  
Sing 'Ave Maria'.

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## The Luminous Mysteries

*Usually prayed on Thursday*

### 1 The Baptism of Our Lord

O Mary, who kept everything in your heart, make us attentive to God's presence and grateful for the privileged grace of our baptism.

Jesus: 'Let him who walks with Me look into My penetrating eyes and merge himself in them!'

### 2 The Wedding Feast at Cana

Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.

Mary: 'The many graces that I give you, if you make good use of them, and you must always use them better and better, cause a great number of souls to become better.'

### 3 The Proclamation of the Kingdom of God

By your unceasing prayer, Mary, obtain for us to be authentic witnesses of The Good News of Jesus Christ.

Jesus: 'Should you want to speak publicly or if you were asked to do so, I will then be there to comfort you. Each word should be like a seed which must bear many fruits among your listeners.'

### 4 The Transfiguration

May our lives be transformed by the Holy Spirit, and may your Flame of Love, Mary, warm our hearts.

Jesus: 'The aim is to make known the value of the work of salvation! Ah! If only your aspirations for salvation could reach the throne of the Heavenly Father! The success would then be greater! Burn! Like the bush in flames of fire that did not burn up! I need a sacrifice that does not consume itself and whose fire reaches Me!'

### 5 The Institution of the Eucharist

O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist; the Bread of Life of every day.

Jesus: 'Participation in the Sacrifice of the Holy Mass increases to the highest degree the blindness of Satan.'

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# 6 The Holy Rosary

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## After each mystery pray ...

---

*My Jesus*, forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those who are inmost need of Thy Mercy.

*Come Holy Spirit!* Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

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St. Joseph, pray for us. (3 times)  
Sing 'Ave Maria'.

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## The Sorrowful Mysteries *Usually prayed on Tuesday & Friday*

### 1 The Agony in the Garden

My Father, if it is possible, let this cup pass me by, nevertheless, let it be as You, not I, would have it. With you, Mary, may this become our prayer in all our trials.

Jesus: 'My table is always set, without interruption. I, the Master, have sacrificed everything! My Self I give you.'

### 2 The Scourging at the Pillar

May our suffering, united to the scourging of Jesus, become a prayer of offering to the world, with you Mary.

Jesus: 'When receiving Holy Communion, look deeply into your soul and feel the effects My Precious Blood produces within you. Do not be insensitive to that! It is not by habit that you should come to My table, but rather propelled by a love that will be fuelled as it touches Mine, and which through Me, and in union with you, will burn away the sins of your soul.'

### 3 The Crowning with Thorns

May the thorns of our heart make the garden of our life blossom in faith with you, Mary.

Jesus: 'Without faith and trust, no virtue can take root in you. They are the foundation of this holy project for which we are preparing.'

### 4 Jesus carries the Cross

May our daily cross be enlightened by the sorrowful Cross of Jesus, which has become glorious by His Resurrection.

Jesus: 'We give you the strength and courage to take the first steps, but you should not delay accomplishing My will, or simply dismiss it with the back of your hand.'

### 5 The Crucifixion

May the loving words uttered by Jesus on the Cross become seeds of life, love and forgiveness in all our hearts.

Jesus: 'If you do not come to Me, how then can I bestow My graces upon you? The fullness of graces is stored up in My Heart. My Heart is an unending source of love.'



# 6 The Holy Rosary

## After each mystery pray ...

*My Jesus*, forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those who are in most need of Thy Mercy.

*Come Holy Spirit!* Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

*My adorable Jesus:* May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.

St. Joseph, pray for us. (3 times)  
Sing 'Ave Maria'.



## The Glorious Mysteries

Usually prayed on Wednesday & Sunday

### 1 The Resurrection

Through the power of Your Resurrection, grant us, Lord, the taste of life, and reach out to those who have lost its meaning.

Mary: 'When the consecrated and the laity observe absolute fasting on Monday, they deliver also many poor souls from Purgatory at each Holy Communion during that week, at the time they receive the Holy Body of Our Lord Jesus Christ.'

### 2 The Ascension

'Why are you standing here looking into the sky? Go out, proclaim the Good News.' May we become, O Lord, authentic witnesses of Your Resurrection.

Jesus: 'The Church is in great danger and you cannot remedy the situation with earthly means or efforts. The Most Holy Trinity and the Holy Virgin alone, the Angels and all the Saints, and with the assistance of all the souls delivered by you from Purgatory, are still able to provide for the needs of the Militant Church.'

### 3 The Descent of the Holy Spirit

Send forth Your Spirit, Lord, and give us the audacity of Your true disciples.

Jesus: 'I could compare this torrential flood to the first Pentecost. It will submerge the earth by the power of the Holy Spirit. All mankind will take heed at the time of this great miracle. Here comes the torrential flow of the Flame of Love of My Most Holy Mother. The world, darkened already by the lack of faith, will undergo formidable tremors and then people will believe!'

### 4 The Assumption of Mary into Heaven

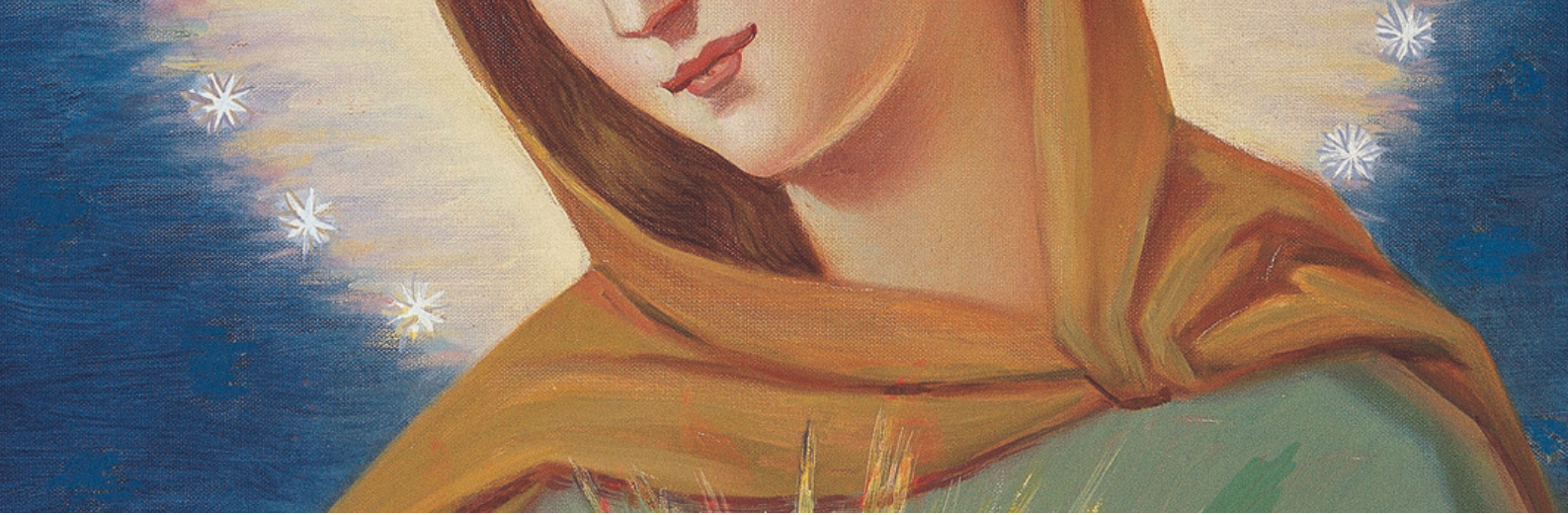
'I am the Resurrection and the Life.' May these words, Mary, maintain us in the hope and the certainty of an eternal tomorrow.

Mary: 'Only through speech can My Flame of Love become known. I am standing with sadness in my heart by the side of the world. You have no right to remain silent, neither by cowardice nor pride, neither by negligence nor fear of sacrifice. The words you speak about me must be impregnated with all the fervour of your soul so that mankind can be touched by the mystery of heaven.'

### 5 The Coronation of Mary in Heaven

O Mary, crowned in glory, kindle us continually by the Flame of Love of your Immaculate Heart.

Mary: 'I grant to all of you the grace to be able to see the success of your effort, with regard to the diffusion of My Flame of Love, as well as in each heart taken individually, as well as in your country and the whole world. You who toil and make sacrifices, you will see that My Flame of Love will submerge very soon the whole of humanity.'



## 7 Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O Sweet Virgin Mary, pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son by his life, death and Resurrection has purchased for us the rewards of eternal salvation; grant we beseech thee, that meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us, and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

## 8 Adoration

My adorable Jesus, we ask you to take us in spirit before your Eucharistic Presence throughout the world.  
(Pause for silent reflection)



## 9 Our Blessed Mother

Blessed Mary, take us and place us where we belong in the Divine Fire. Share with us your Immaculate Conception.  
(Pause for silent reflection)



## 10 Prayer to St Joseph *Select One*

### *Pope Pius XIII Version*

Glorious St. Joseph, model of all who are devoted to labor, obtain for me the grace to work in the spirit of penance in expiation of my many sins; to work conscientiously by placing love of duty above my inclinations; to gratefully and joyously deem it an honour to employ and to develop by labor the gifts I have received from God, to work methodically, peacefully, and in moderation and patience, without ever shrinking from it through weariness or difficulty to work; above all, with purity of intention and unselfishness, having unceasingly before my death and the account I have to render of time lost, talents unused, good not done, and vain complacency in success, so baneful to the work of God. All for Jesus, all for Mary, all to imitate thee, O patriarch St. Joseph! This shall be my motto for life and eternity. Amen

### *Pieta Version*

Oh, Saint Joseph, whose protection is so great, so strong, so prompt, before the throne of God, we place in you all our interests and desires. Oh, Saint Joseph, do assist us by your powerful intercession, and obtain for us from your Divine Son all spiritual blessings, through Jesus Christ, Our Lord, so that, having engaged here below your heavenly power, we may offer our thanksgiving and homage to the most loving of Fathers. Oh, Saint Joseph, we never weary contemplating you and Jesus asleep in your arms; we dare not approach while He reposes near your heart. Press Him in our names and kiss his fine head for us and ask him to return the kiss when we draw our dying breath. Saint Joseph, Patron of departing souls, pray for us. Amen.





## 11 Prayer to Saint Michael, the Archangel *The long version may also be used.*

St Michael, the Archangel, defend us in the day of battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the divine power of God, cast into hell Satan and all the evil spirits, who wander throughout the world seeking the ruin of souls. Amen

## 12 Prayers for the Holy Father's Intentions

We pray:  
One Our Father, One Hail Mary, One Glory Be



## 13 A Prayer to Receive the Flame of Love

Now we will pray a prayer for receiving the Flame of Love.  
The prayer begins with a renewal of our Baptismal promises as recited during the Easter Liturgies:

Leader: Do you reject Satan? All: I do.  
Leader: And all his works? All: I do.  
Leader: And all his empty promises? All: I do.

Leader: Do you believe in God, the Father Almighty, creator of heaven and earth? All: I do.

Leader: Do you believe in Jesus Christ, His only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the righthand of the Father?  
All: I do.

Leader: Do you believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?  
All: I do.

Leader: God, the all-powerful Father of our Lord Jesus Christ, has given us a new birth by water and the Holy Spirit and forgiven all our sins. May He also keep us faithful to Our Lord Jesus Christ for ever and ever.  
All: Amen.



Imagine yourself clothed in white garments, a symbol of your Baptism and of your future life in heaven with the angels and saints. Imagine an enormous fire. You enter into that fire. Do not be afraid. The fire is Jesus Himself; the Flame of Love. You are not alone; Mary is with you. You are in the deepest part of her heart, immersed in her Flame of Love. Mary fills you with great desires so that you want to receive more and more of this Flame, surrender to the Flame and to have Him consume your whole life.

This Flame, Jesus Himself, is the pearl of great price, the treasure hidden in the field, the whole purpose of your life. Allow the Flame to enter your being. Allow Jesus to fill your imagination and memory. Close your eyes and imagine Jesus living within you.

Imagine Jesus in the mysteries of the Rosary. He is conceived in Mary's womb. He sanctifies John the Baptist and Elizabeth. He is born into the world. The shepherds and the wise men can see God's human face. At forty days, He fills the temple with light. At twelve, He fills that same temple with His teachings.

At 30, Jesus is baptised. He receives the Holy Spirit and hears the Father's voice. He changes water into wine. He preaches, heals, drives out demons and proclaims that the Kingdom is at hand. He reveals His full glory to Peter, James and John. On the night before His death, He says, 'This is my Body' and 'This is my Blood'.

He goes to the Garden of Gethsemane where He accepts the Father's will. He gives Himself over to men whom Satan uses as his instruments. He accepts the wounds on His back and the thorns upon His head. He accepts the cross, walks to Calvary and dies for you.

His soul leaves His body and enters into eternal glory. Jesus' glorified soul re-enters His body, glorifies it and raises it from the dead. He appears to His disciples, tells them to make disciples of all nations, and ascends to the Father's right hand. He sends the Holy Spirit upon the disciples, takes His Mother into heaven, body and soul, and then makes her Queen of all the angels and saints.

After imagining Jesus in these Gospel stories, allow the Flame to come to your will. You welcome Him and He enters your heart, you have invited Jesus to be the centre of your life. He is your King. Place this fire on the lampstand and Jesus' light will flood you.

When you receive the Flame with others, you experience the communion of saints. When one receives, all are blessed. When all receive, each is more blessed.

Right now, Our Lady embraces you and pours out Her Flame of Love in great abundance. This is a holy and sacred moment. She sends this Flame into your heart. The Flame leaps from her heart to yours. She gives the Flame without limits. The Flame of Love is so great that she suffers until the Flame leaves her heart and goes to yours, because it belongs in all our hearts. She gives the Fire far beyond your capacity to receive. She gives gifts that were meant for others, but they did not receive. Receive this Flame for everyone; for yourself, your family, your friends.

You will not realise all she has done for you this day. The effects will unfold slowly and powerfully. Be still. The prayer is complete. Our Lady is pouring out the effects of grace of the Flame of Love. Remain in silence and receive.







## 14 Foundational Teaching on the Flame of Love

Read a passage from 'The Flame of Love of the Immaculate Heart of Mary: The Spiritual Diary of Elizabeth Kindelmann'. Then reflect on how the Holy Spirit is leading you. Do this in much the same manner as in Lectio Divina.



## 15 Meditation on Jesus' Five Wounds

*We reflect on the sacrifice of love made for us and, in turn, offer ourselves to the Heavenly Father through all the wounds of our Saviour, Jesus Christ.*

*Suggested Vocal Prayers:* We kiss the wound of Your *Sacred Left Hand*, with sorrow deep and true in reparation for our sins and the sins of the whole world (now make the Sign of the Cross and Repeat for each wound...)

- *Sacred Right Hand*
- *Sacred Left Foot*
- *Sacred Right Foot*
- *Sacred Side*

Amen

## 16 Repose of Blessed Sacrament & Blessing

We pray: 'O Sacrament, Most Holy, O Sacrament Divine, all praise and all thanksgiving are every moment Thine.'

In the absence of a priest or deacon:

'May the Lord bless us,  
protect us from all evil  
and bring us to everlasting life.  
Amen'

## 17 Meditation on the passage read from the Diary and Discussion

This offers the opportunity to share with each other how the Holy Spirit is leading us in our individual faith experience.

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THIS CONCLUDES OUR LADY'S  
FLAME OF LOVE CENACLE

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# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## AN URGENT CALL FROM THE VIRGIN MARY

### An Introduction to the Novena

Dear brothers and sisters,

Here are three examples of messages in which the Blessed Virgin urges us to unite with her for the sublime mission of saving souls by blessing and protecting families.

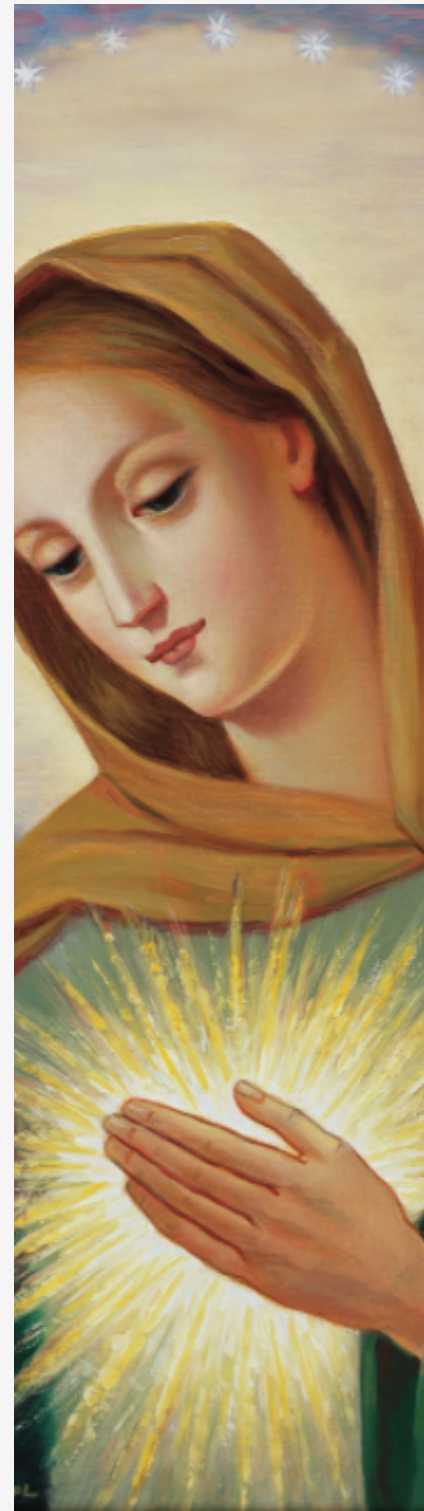
**Mary:** 'Enter into battle, we will be the conquerors. My Flame of Love will blind Satan to the same extent that all of you spread it around the world. Just as the whole world knows my name, so I want the Flame of Love of My Heart performing miracles in the depths of the hearts, also to be known.' (19 Oct 1962)

**Mary:** 'And I, the beautiful ray of dawn, will blind Satan. I will free this world darkened by hatred and contaminated by the sulphurous and steaming lava of Satan. The air which gave life to souls has become suffocating and deadly. No dying soul should be damned. My Flame of Love is already lighting up. You know, my little one, the elect will have to fight against the prince of darkness. It will be a terrible storm. Rather, it will be a hurricane which will want to destroy the faith and confidence of even the elect. In this terrible turmoil currently brewing up, you will see the brightness of my Flame of Love illuminating heaven and earth by the effusion of its effect of grace I am passing on to souls in this dark night.' (19 May 1963)

**Mary:** 'You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because some day you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned, Satan will be blinded in as much as you work against him.' (27 November 1963)

The Virgin Mary has much more desire to help us than we do to be helped. By placing our trust in Her Immaculate Heart, we respond to her love by giving her great maternal joy. It is recommended to pray this Novena to overcome all particular problems; in your family and community, all the trials, the plagues and circumstances that are beyond our control.

During these nine days of the Novena, let us offer the Blessed Virgin any trial or sacrifice available to us, adding power to our prayers. Here are some examples: offering our day to God, visiting the Most Holy Sacrament, attending Holy Mass, making sacrifices, big or small, fasting etc. Let us be inventive in order to delight Mary and shape our efforts to our daily lives, which are so different from each other. God responds to the trusting prayers of His children. Then the blessings asked for will be granted to us. If one of our demands is not answered immediately, let us remain in peace, trusting God, because it means that God has something better and greater for us than that for which we asked. May this truth grow and become complete trust for us.



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# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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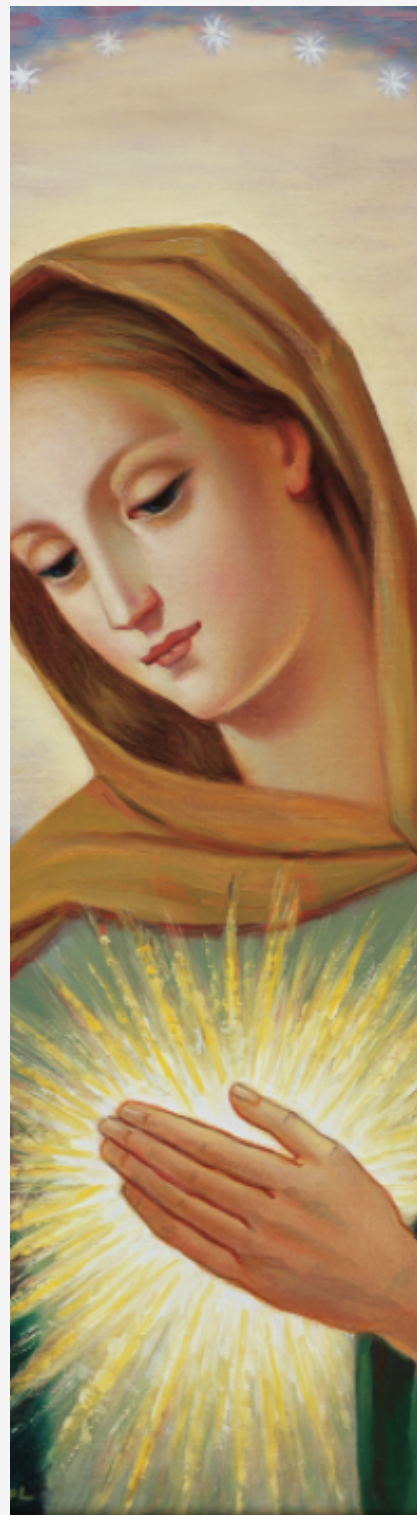
## FEAST DAY 2 FEBRUARY (CANDLEMAS DAY)

### INITIAL APPROACH FOR EACH DAY OF THE NOVENA

- Each day, before reciting the prayers of this Novena, we light a candle and begin by **Making the Sign of the Cross Five Times while meditating on the Wounds of Our Saviour.** (Sample Meditation found in Prayers for Each Day of the Novena)
- We pray for the **Intentions of our Blessed Mother** (Found in the reading for each day of the Novena on the following pages). We ask her for graces for each of our personal intentions. The most important thing is to live every step of this Novena with a generous, loving heart, with a living faith and a deep recollection.
- We take a moment to **Acknowledge our faults and ask God's Forgiveness.** (Offer an Act of Contrition Prayer - sample found in Prayers for Each Day of the Novena)
- We ask for the **Outpouring of the Holy Spirit** on all humanity for the salvation of souls. (Invocation of the Holy Spirit Prayer found in Prayers for Each Day of the Novena)

### A GUIDE FOR PRAYING THE NOVENA

- Begin and end the Novena with Prayerfully Meditating on the Sacred Wounds of Our Lord Jesus Christ while Making the Sign of the Cross Five Times (Pg. 15)
- Prayer to the Holy Spirit (Pg. 6)
- Act of Contrition (Pg. 16)
- Prayer to St Michael the Archangel (either long or short version) (Pg. 13)
- Prayer of Consecration to the Sacred Heart of Jesus (Pg. 28)
- Prayer of Consecration to the Immaculate Heart of Mary (Pg. 28)
- Prayer for the Spread of the Flame of Love (Pg. 29)
- The Unity Prayer (Found on each Rosary Mystery Page or Pg. 31)
- The Flame of Love Rosary with Meditations (Pg. 8 - 11)





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# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## DAY ONE

### MARY'S WORK FOR THE SALVATION OF SOULS

"I am the servant of the Lord; may it be done to me according to Your Word!" (Luke 1:38)

These are Mary's words to the Archangel Gabriel in response to God's call to her. Like Mary, God has a plan for each of us and we must unite with the Flame of Love of her Immaculate Heart and follow her faithfully in her mission as Mother of the Church. She asks us to save as many souls as possible by our prayers and sacrifices.

Mary: "My little Carmelite, in the silence of the night, I want to speak with you. Pay attention to what I say but continue to rest. You know how my heart is immensely in pain. Satan is sweeping souls away in a terrifying way. Why do you not all try your best to stop him and do it as soon as possible? I need your help. My heart is burning with sorrow because I see how many souls are being damned. Many are dragged away in spite of their good will. With a sarcastic smile the evil one extends his arms with terrible malice, he drags away those for whom my Divine Son suffered unspeakable torments and death. Please help!" (14 May 1962)

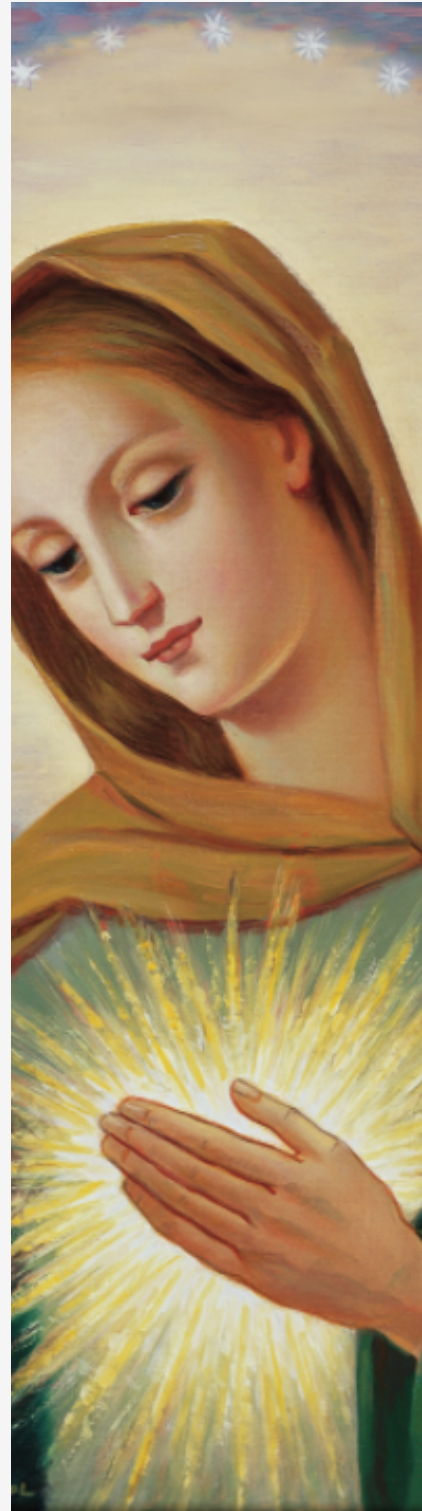
### MOMENT FOR REFLECTION

- Do we desire to live as true Christians who care about the salvation of souls?
- How can we best collaborate with the Flame of Love of the Immaculate Heart of Mary in order to obtain the salvation of souls?
- Only we can change the terrible situation of the loss of souls. We can pray, united with the most Holy Trinity, with the combined intercession of the Most Holy Virgin, of all the saints and of those souls freed from purgatory by our prayers.
- Have we offered a night vigil of prayer to our Holy Mother?

### INTENTION

We pray for the salvation of souls, for our own intentions and that of all those we carry in our hearts.

**NOW PRAY THE DAILY NOVENA PRAYERS**



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# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## DAY TWO

### A WAY TO SAVE SOULS

The actions of God's enemy, Satan, with his dark resources and demonic tricks seep into all levels: the denial of God, division in the family, immodesty and lust, abortion, occult rites, power and domination, money and the desire to possess more, wars, etc. What a comfort for us to fully receive and use the simple way offered to us by the Virgin Mary to obtain victory over evil.

Mary: "When you say the prayer that honours me, the Hail Mary, include this petition in the following manner: 'Hail Mary full of grace ... pray for us sinners, *spread the effect of grace of Thy Flame of Love over all of humanity*, now and at the hour of our death. Amen.'" (October 1962)

Mary: "I do not want to change the prayer by which you honour me; by this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication."  
(2 February 1982)

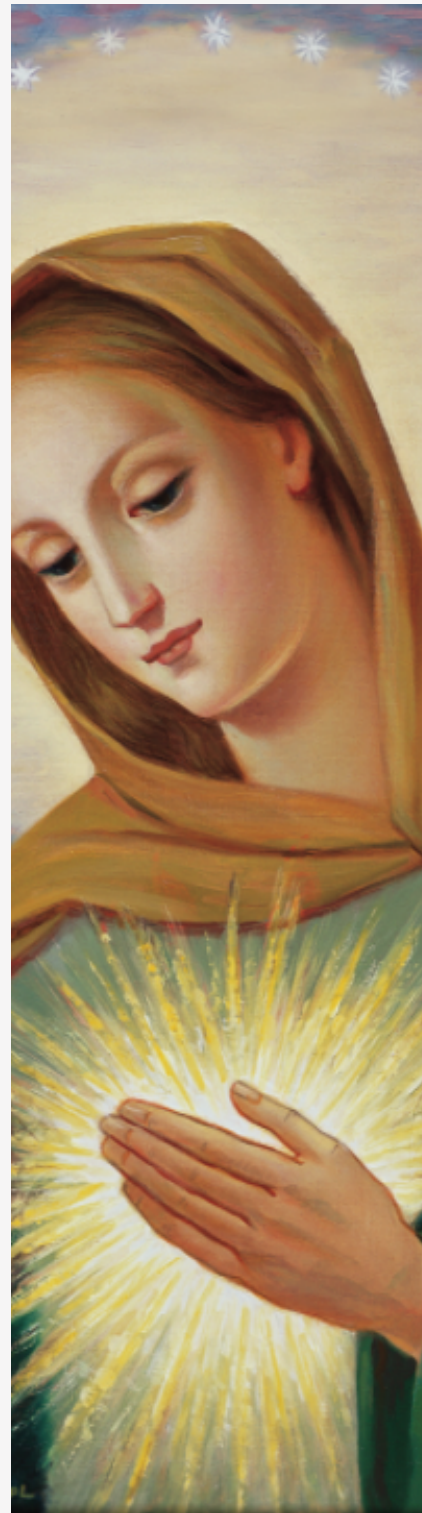
### MOMENT FOR REFLECTION

- Do we confidently recite the Hail Mary by adding the powerful plea of the Flame of Love?
- Elizabeth Kindelmann's Spiritual Diary touches us and invites us to know the requests made by the Virgin Mary and Our Lord Jesus Christ to save loved ones and other souls. Do we take the time to read and meditate on it?
- What is our level of commitment to spread the Flame of Love of the Immaculate Heart of Mary and to obtain the salvation of people around us?

### INTENTION

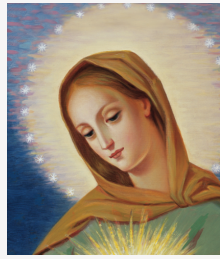
We recite as often as possible the prayers of the Flame of Love of the Immaculate Heart of Mary as a powerful means to save souls.

### NOW PRAY THE DAILY NOVENA PRAYERS





# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY



## DAY THREE

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### MARY AND HOLINESS

Humanity cannot be converted without the sanctification of each human soul, hence the obligation to decide for holiness. Jesus exhorts us to do so by saying, "You then, be perfect as your Heavenly Father is perfect" (Matthew 5:48).

There is no holiness without humility. Humility will always grow in the soul that is on its way to holiness. The more the soul humbles itself, the more holiness grows in it. From our humble confidence in God, springs the procession of all other virtues. Every moment of Mary's life was a continual Yes to God's will. For what? Because Mary is the humble one who, in total submission, accepted God's Will for her life; to be the Mother of the Saviour, to go to Bethlehem to obey the census edict, to welcome the prophecy of Simeon, to flee to Egypt, to see her Son die on the Cross, to witness His burial, etc. Let us observe Mary who takes jealous care to preserve humility in the heart of her messenger, Elizabeth Kindelmann and so protect her holiness.

**Mary:** "My little one, why did you try so hard? Why did you want to speak eloquent words on behalf of my Flame of Love? Keep before your eyes that you are destined for suffering. Remember also the words my Divine Son told you: '*Give yourself to suffering and sacrifice yourself ceaselessly.*' Your sufferings are not in vain, but it is not for you to worry about who understands my Flame of Love. Do not be surprised, my little instrument, that you cannot speak eloquent words. I am the one who acts and who enkindles the Flame of Love in the depth of hearts. I am the one who confused your words and darkened your mind. I did not want any pride in your soul. That would be a great fault. You, little instrument, be reasonable and totally humble. You are an instrument in our hands. We care for you and allow no sin to come close to you. Be careful in all your temptations. The evil one takes advantage of every situation to shake your humility." (17 December 1962)

**Jesus:** "With each beat of your heart repent of your sins. Make reparation and console Me. If your love decreases, turn to our Heavenly Mother and she will fill your heart with abundant love for Me. I am grateful to you because your heart suffers with Me, beats in Me. Never tire of contemplating My Sacred Wounds from which you will always draw strength. Offer yourself to the Eternal Father. Abide within the Most Holy Trinity. In temptations, flee under the mantle of our Mother, She will defend you from the evil one who will continually trouble you. I will be with you if you stay close to Me. No one and nothing will snatch you from Me." (4 to 7 March 1962)

### MOMENT FOR REFLECTION

- Do we desire the peace that holiness brings? How will we achieve this?
- Do we guard and preserve the sanctifying grace we received at baptism?
- Do we faithfully love the UNITY PRAYER Jesus gave us in order to be united with Him at every moment of our lives and allow him to transform our hearts?

### INTENTION

We renew our decision for holiness and we live each day in the grace of our baptism, always choosing good and renouncing evil.

**NOW PRAY THE DAILY NOVENA PRAYERS**



# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

## DAY FOUR

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### MARY AND THE HOLY CROSS

The Virgin Mary was at the foot of the Cross of Jesus. She suffered terribly to see her Son die in such agony. Out of love for God and for us, she always accepted her sufferings because she knew the value of each of them and so she lived them, loved them and offered them as a gift to God for the salvation of souls.

Today, Mary accompanies us in our sufferings. By her example, she invites us to accept them with deep humility and immense love so that the Flame of Love of her Immaculate Heart may blind Satan with greater force. Then many souls will become healed and holy under the effect of its soft light and comforting warmth, so bringing us to participate in the work of salvation.

**Mary:** "In the course of your long struggles, I am now going to tell you why I chose you as the first to be handed the Flame of Love. You have yourself recognised that you are not worthy of this. This is the pure truth. There are many souls more worthy than you. However, the graces I have bestowed upon you and the sufferings you endure with such great fidelity have made you the chosen one ... I will tell you. Listen, my daughter, you are also the mother of a large family. Through your children you know all the pains and problems of a family. Many times you were close to falling beneath the cross of difficult trials and you still experience many sorrows over your children. Bearing such ordeal is meritorious for you and for any mother. (19 November 1962)

**Jesus:** "No matter how painful, accept this suffering. You are receiving graces that other souls would only receive over a period of several decades. Be very grateful for that. My Mother's Flame of Love is always compelling. I told you many times, you have been chosen as one of her most favourites." (1 August 1963)

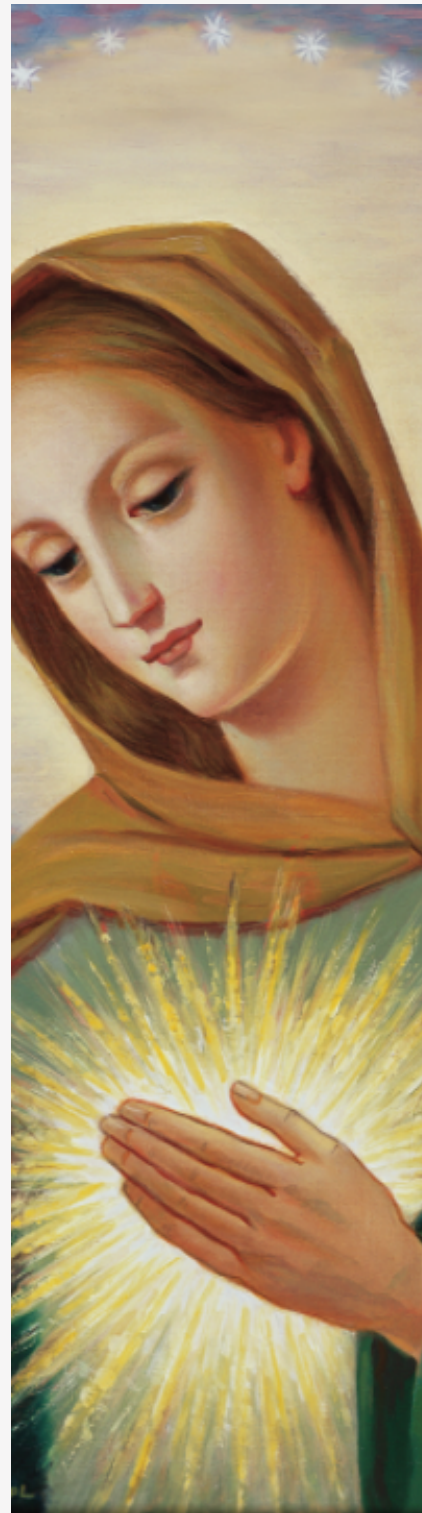
### MOMENT FOR REFLECTION

- There is no true love without the cross of sacrifice. In trials, do we act on Mary's example and offer up our sufferings?
- Does our love for the Virgin Mary, for our family and for souls give us the grace to offer our sufferings for them?

### INTENTION

*May we accept our crosses every day with immense love in accordance with the Will of God.*

**NOW PRAY THE DAILY NOVENA PRAYERS**



# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## DAY FIVE

### MARY, MOTHER OF THE EUCHARIST

In saying her 'Yes' to God, Mary intimately contributed to the Incarnation of the Son of God. She brought the elements, so that the Body and Blood of the Saviour, that become present in the Eucharist, formed in her body. It was the first time that a human being received the Body of Christ. And we could say that Mary's visit to her cousin Elizabeth was the first procession with the Body of Christ. On her way to Elizabeth's house and return to Nazareth, Mary and the Most Holy One crossed the villages and fields that were blessed and sanctified by the Saviour. With what affection, what piety and delight Mary carried the Son of God in her womb! This sublime motherhood of Mary brings us to an intimate contact with Jesus when we receive Him in the Eucharist.

Let us contemplate with Jesus, His Holy Presence in the Eucharist and His holy desire to be united at all times with each of us!

Jesus: "My daughter, do not misunderstand Me. I will continue to be with you in Holy Communion. There, I will await your coming as I did today. Be loyal, do not seek consolations. Renounce yourself and love only Me. Let only the Holy Spirit of Love fill your heart. Love Me as an infant wrapped up in his white swaddling clothes. Seek Me like My Mother once sought Me among the crowd with an anxious heart. Wherever you are, rejoice because of Me! Think of Me when you need a helping hand. If you think you are in need of fatherly support, look up to the Eternal Father, and with the Holy Spirit, be immersed in our love." (20 April 1962)

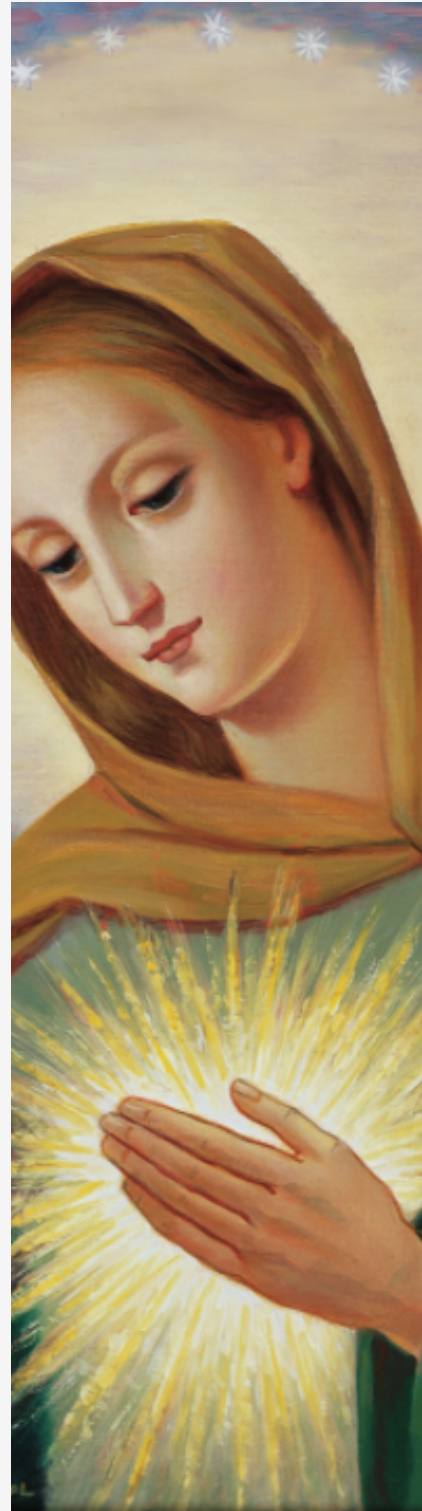
### MOMENT FOR REFLECTION

- What place does devotion to the Virgin Mary and the Holy Eucharist take in our lives?
- Do we recognise the transformation that is taking place in our hearts through Holy Communion?
- Do we receive the Eucharist often, as the preferred way to be united with Jesus, and to sanctify ourselves?

### INTENTION

We communion with Jesus as much as possible in the Eucharist and if we cannot do so, we receive Him Spiritually as often as possible in our hearts.

**NOW PRAY THE DAILY NOVENA PRAYERS**



# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## DAY SIX

### THE FLAME OF LOVE OF THE UNITED HEARTS OF JESUS & MARY

The love that unites the Holy Hearts is infinite. The Eternal Father spreads the Spirit of Love of Jesus and Mary over humanity. If we love Mary, we love Jesus. A mother's heart is always united through time and space with her children. Let us ask God to enable us to love the United Hearts of Jesus and Mary with all the intensity of our souls.

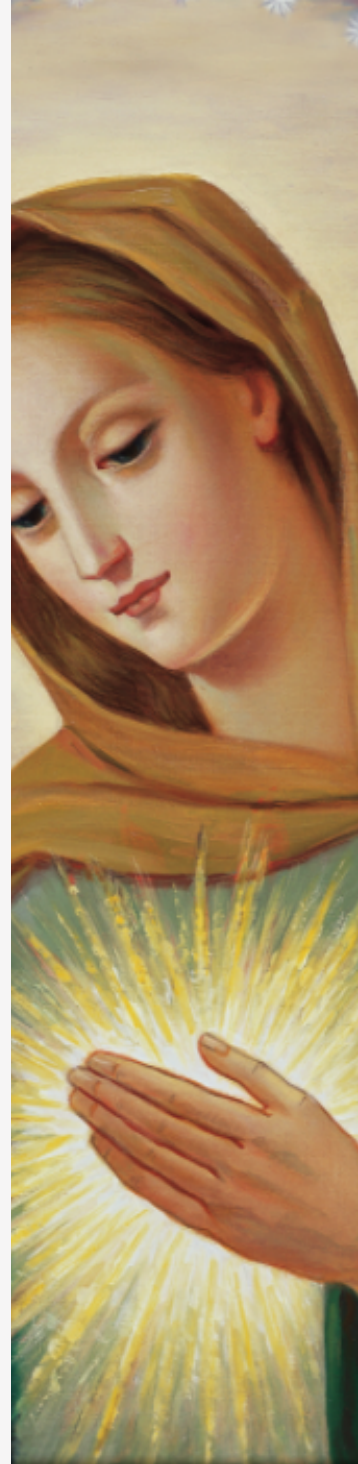
**Jesus:** "Love Me even more and with greater fidelity. Do not tire of hearing My continual complaints. I complain much, my little one, because so few listen to Me. I complain in vain to My consecrated souls. They do not enter into the intimacy of their own heart. If so, they would hear My laments. How greatly I need to tell them how to promote the coming of My Kingdom." (2 July 1962)

#### MOMENT FOR REFLECTION

- Do we pray to the United Hearts of Jesus and Mary for consecrated souls?
- Do we frequently console the two Hearts of Jesus and Mary with our choices for love and charity?
- The Flame of Love of the United Hearts of Jesus and Mary gives new meaning to our lives. Do we spread joy, enthusiasm and love to ignite the hearts of those people around us?

#### INTENTION

We will attend Mass for the Holy Hearts of Jesus and Mary on the First Friday and Saturday of the month as we are able.





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# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## DAY SEVEN

### MARY, NOAH'S ARK FOR OUR TIMES

We all live in times when we need comfort and relief from Heaven. Our refuge is Mary's Heart. From this Immaculate Heart springs the Flame of Love. Jesus explains very well that the Flame of Love is the Ark of Salvation for our time. He spoke to Elizabeth several times in this regard.

Jesus: "Because the Flame of Love of the Heart of My Mother is Noah's Ark." (Spring 1981)

Jesus: "My Immaculate Mother's Flame of Love is to you what the Ark was for Noah." (Spring 1981)

Noah's Ark foreshadowed the mission of the Virgin Mary to spread the Flame of Love and Jesus invites us to enter the ark and live His messages and those of His Mother. Since the Flame of Love saves us in these difficult and dark times, let us be united with the Flame of Love and offer Mary our greatest efforts to spread it like wildfire all around us, and across the world.

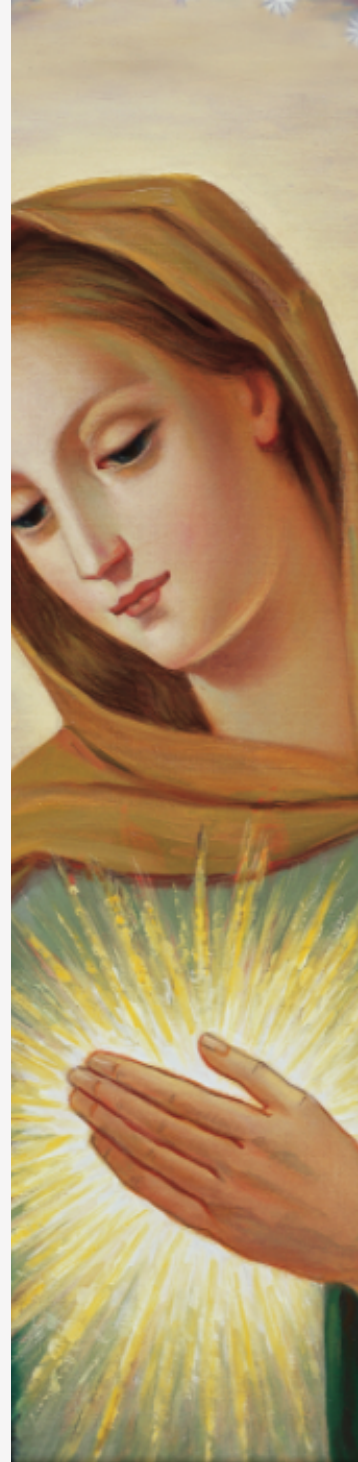
### MOMENT FOR REFLECTION

- Are we aware that corruption must be opposed by sanctification?
- Do we realise deeply that the Flame of Love of the Immaculate Heart of Mary is the Ark of Salvation for our times?

### INTENTION

Today we welcome the Flame of Love as the ultimate help for our rescue (and that of other souls) from danger.

**NOW PRAY THE DAILY NOVENA PRAYERS**



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# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## DAY EIGHT

### SPREADING THE FLAME OF LOVE IN MARY'S IMMACULATE HEART

The Flame of Love is a grace that Our Lady obtained from the Heavenly Father, on the merits of Jesus' Holy Wounds. Its effect is to blind Satan, preventing him from leading souls to sin. The Virgin Mary asks us to help her by spreading her Flame of Love throughout the world. She expects an urgent and generous response from each of her children.

Mary: "To whom, do you think, will I ask to render and account for having set up obstacles? If someone among you was to set up obstacles, defend my Flame of Love with all your might. You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because some day you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded in as much as you work against him." (November 1963)

Mary: "I assure you, my little one, that I have never before given into your hands such a powerful force of grace, the burning Flame of the Love of my heart. Ever since the Word became Flesh, I have not undertaken a greater movement than the Flame of Love of my heart who rushes to you. Until now, nothing could blind Satan so. It is up to you not to reject it, for this rejection would simply spell disaster." (1 August 1962)

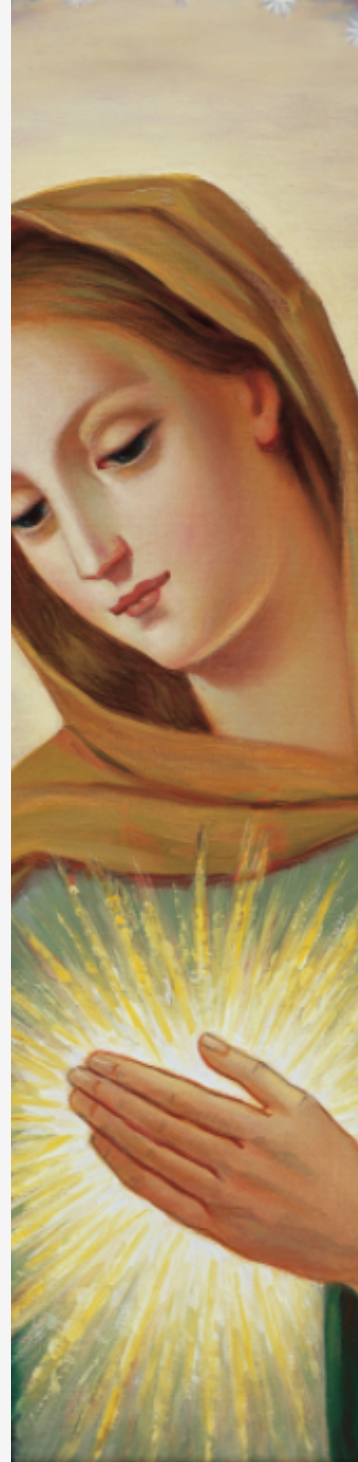
### MOMENT FOR REFLECTION

- Do we give our best by collaborating with the Flame of Love Movement to fulfil the mission that the Virgin Mary has entrusted to us?
- What are we actually doing to make known the Flame of Love of the Immaculate Heart of Mary, and to offer comfort to our brothers and sisters in need?

### INTENTION

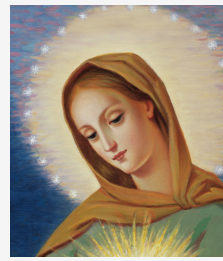
By our union with Jesus, the Flame of Love, we become the 'Flame of Love' ourselves so that, above all, our example will make known the Movement of the Flame of Love and encourage as many people as possible to join it.

**NOW PRAY THE DAILY NOVENA PRAYERS**





# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY



## DAY NINE

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### EVERY HOME, A SACTUARY OF THE FLAME OF LOVE

Today the devil combines all his efforts with a particular focus on family breakdowns and they are becoming more and more frequent. By destroying the family, all souls suffer. We must recognise the evil strategies that Satan uses to break up homes: the denial of God and lack of faith, lack of prayer, family routines, lack of dialogue, pride, jealousy, infidelity, pornography, anger, discouraging words, in short, all that breaks love. We must be vigilant to prevent this. We must release the weapon of the Flame of Love and the power of family prayer. 'For where two or three are assembled in my name, I am in the midst of them' (Matthew 18:20).

Jesus: "You know, this is where I prepared My Soul for the great Sacrifice, for the sufferings I endured for you. You also had to mature in the holy enclosure of the family. As if you were an orphan, it is in your home as a married couple that your soul was prepared for your great vocation, which could only mature in a family setting. I know your qualities and that is why My Divine Providence ordered everything to make you ready to communicate My message to the world. It is from the family sanctuary that all of you set out for the difficult struggles of life. It is to the warm solidarity of the family sanctuary that souls come back, after having strayed far. It is there that they come to find themselves and they once more return to God. It is necessary for you mothers to extend the warm understanding of your hearts to your children even once they have established their own homes. Great is the responsibility falling on you. Do not think that once a child has become an adult, they no longer need their parents. My Mother accompanied Me everywhere with her love, her sacrifices and her prayers, You must do the same, and I will bless your efforts, My beloved Mother obliges Me to do that. By Her powerful intercession, she obtained from Me for families this great effusion of grace, which she also wants to extend to the whole world, As She said, *'Nothing comparable to this has ever happened since the Word became Flesh.'*" (17 January 1964)

Mary: "Through you, my little Carmelite, I want all to know the anguish that springs up from the boundless love of my maternal heart because of the danger threatening the entire world by the disintegration of the family sanctuaries. I direct my maternal cry to all of you, and in union with you, I want to save the world. I allow you, my little one, to be the first to feel this immense effort I am beginning to deploy in order to blind Satan." (17 January 1964)

### MOMENT FOR REFLECTION

- Do we pray for divided families with the Flame of Love?
- Have we dedicated our own family to the United Hearts of Jesus and Mary?
- Do we take the time to pray as a family, so that the Lord Jesus and the Virgin Mary may be at the heart of our home?

### INTENTION

We turn to the Flame of Love to beg for mercy and forgiveness for our families; to obtain the healing of divided families and to release family members trapped by Satan.

**NOW PRAY THE DAILY NOVENA PRAYERS**



# 9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

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## PRAYER OF CONSECRATION TO THE SACRED HEART OF JESUS

Revealed to St Margaret-Mary Alacoque (1647-1690)

I ( ... ) give and consecrate to the Sacred heart of Our Lord Jesus Christ, my person, my life, my actions, my pains and sufferings, so that I may be unwilling to make use of any part of my being save to honour, love, and glorify the Sacred Heart. It is my unchanging intention to be all His and to do all for love of Him. I renounce at the same time with all my heart whatever can displease Him. I, therefore, take You, O Sacred Heart, for the only object of my love, the protector of my life, the pledge of my salvation, the remedy of my weakness and inconstancy, the atonement for the faults of my life, and the secure refuge at the hour of my death.

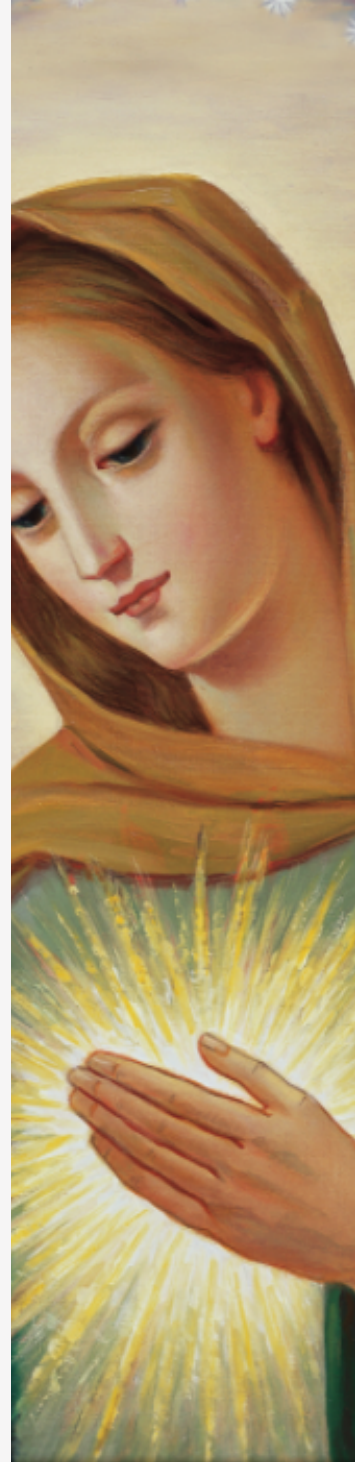
Be then, O Heart of goodness, my justification before God the Father, and turn away from me the punishment of His just anger. O Heart of love, I put my confidence in You, because I fear everything from my own sinfulness and weakness. I hope for all things from Your mercy and generosity.

Destroy in me all that can displease or resist Your Holy Will. Let Your pure love impress You so deeply upon my heart, that I may never forget You or be separated from You. May my name, by your loving kindness, be written in You, because in You I desire to place all my happiness and all my glory in living and dying in very bondage to you.

## PRAYER OF CONSECRATION TO THE IMMACULATE HEART OF MARY

O Immaculate Heart of Mary, ever-filled with kindness, show us your love. May the Flame of Love of your Heart descend upon all people. We love you with all that we are. Instill true love in our hearts, that we may have toward you an unceasing devotion.

O Mary, who art meek and humble of heart, remember us when we are in a state of sin. By means of your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies. Grant that we may always see the kindness of your motherly heart and be converted by your Flame of Love. Amen.



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# PRAYER FOR THE PROPAGATION OF THE FLAME OF LOVE

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## BLESSED VIRGIN MARY,

OUR CHERISHED HEAVENLY MOTHER, YOU LOVE GOD AND US, YOUR CHILDREN, SO MUCH THAT YOU OFFER US TO YOUR DIVINE SON JESUS ON THE CROSS, TO FORGIVE US BY OUR HEAVENLY FATHER AND TO OBTAIN OUR SALVATION, SO THAT ALL THOSE WHO BELIEVE IN HIM DO NOT PERISH BUT OBTAIN ETERNAL LIFE.

WITH FILIAL CONFIDENCE, WE PRAY TO YOU, VIRGIN MARY, THAT WITH THE FLAME OF LOVE OF YOUR IMMACULATE HEART, KINDLED BY THE HOLY SPIRIT, YOU IGNITE IN OUR LAGUID HEARTS THE FIRE OF A PERFECT LOVE FOR GOD AND ALL HUMANITY, SO THAT TOGETHER WITH YOU, WITH ONE HEART, WE LOVE GOD AND OUR NEIGHBOUR.

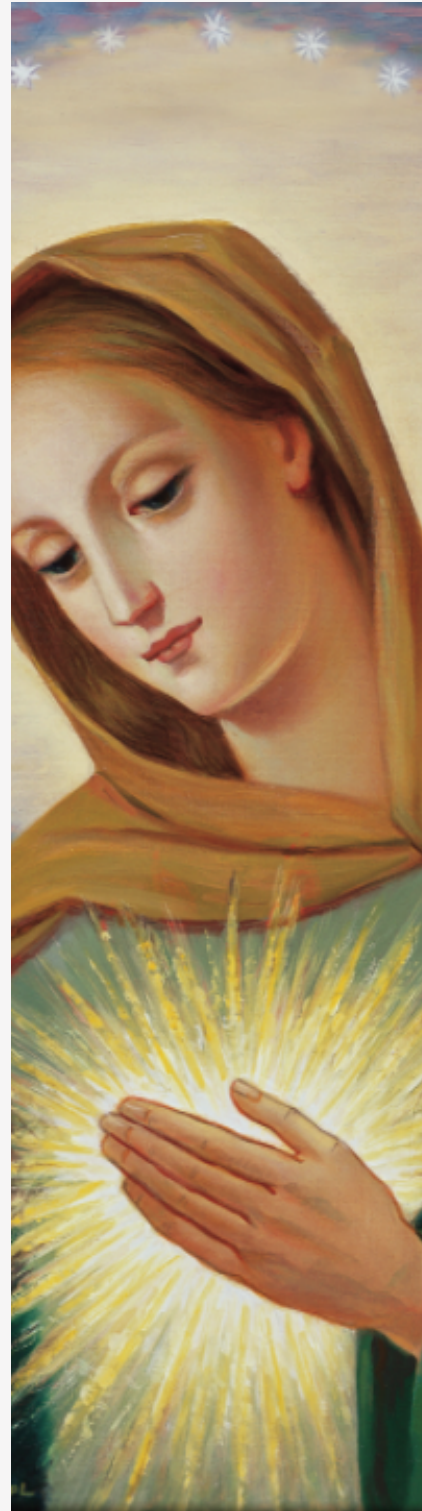
HELP US TO TRANSMIT THIS HOLY FLAME TO ALL PEOPLE OF GOODWILL, SO THAT THE FLAME OF LOVE EXTINGUISHES THE FIRE OF HATRED EVERYWHERE ON EARTH AND THAT JESUS, THE PRINCE OF PEACE, BE THE KING AND THE CENTRE OF ALL HEARTS IN THE SACRAMENT OF HIS LOVE ON THE THRONE OF OUR ALTARS. AMEN.

## ACT OF CONTRITION

O My God, I am very sorry for offending you because you are infinitely good, infinitely kind and you hate sin. Forgive me by the merits of Jesus Christ, my Saviour. I resolve, by Your Holy Grace, not to offend you and to do penance. Amen

## INVOCATION OF THE HOLY SPIRIT

Come Holy Spirit, come by means of the power of the Flame of Love of the Immaculate Heart of Mary. ( 3 Times)



# THE WEEKLY AGENDA OF THE FLAME OF LOVE

## OUR DAILY OFFERINGS

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### The Means to Save Souls

#### Monday

Pray for the Holy Souls (in purgatory) offering a fast (of \*bread and water\*). Each time you fast the soul of a priest is released from purgatory. Consecrated souls and the faithful who keep the Monday fast will free a multitude of souls each time they receive Communion that week. Keep the fast for 24 hours or until at least 6pm (if you stop at 6pm you are requested to offer a Rosary for the Holy Souls).

#### Tuesday

Offer this as a Day for the Family. Make spiritual communions for each member of the family. Offer each person, one by one, to our dear Mother.

#### A Spiritual Holy Communion Prayer:

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire that ( ... ) receives You into (his/her) soul. Since (he/she) cannot now receive You sacramentally, come at least spiritually into (his/her) heart. Have (him/her) embrace You as if You had already come, and unite (him/her) wholly to You. Never permit (him/her) to be separated from You. Amen.

#### Wednesday

A Day for Priestly Vocations. Mary: 'Ask me for many young men with a fervent heart.'

#### Thursday

Mary: 'Offer a very special Reparation to my Divine Son. Adore Him with great fervour, making reparation for the many offences inflicted upon Him. This will be an hour for the family to make reparation. Begin this hour with a spiritual reading followed by the Rosary or other prayers in an atmosphere of recollection and fervour.'

#### Friday

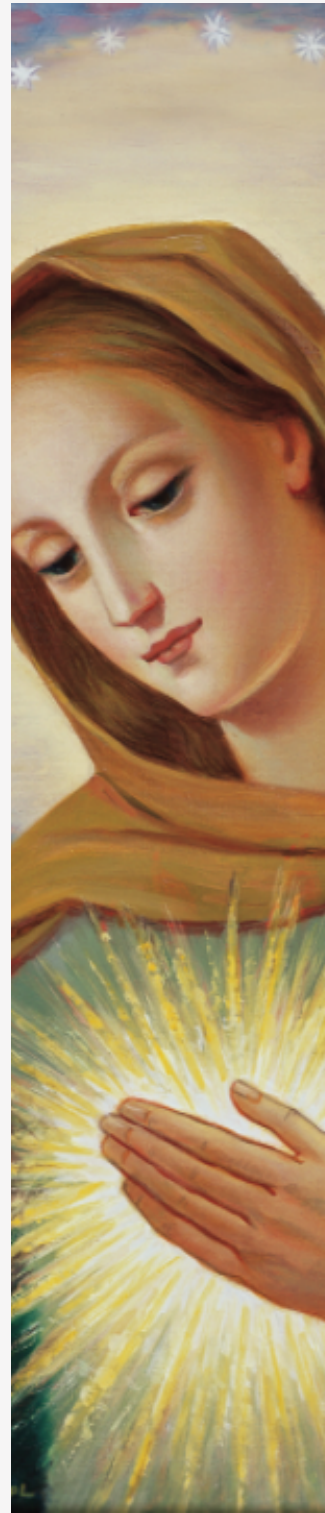
Jesus: 'With all the love of your heart, immerse yourself in My sorrowful Passion. When you arise in the morning, recall what was awaiting Me the entire day after the terrible torments of that night. Whilst at work, contemplate the Way of the Cross and consider that I did not have any moment of rest. Totally exhausted, I was forced to climb the Mount of Calvary. There is much to contemplate. I went to the limit, and I tell you, you cannot go to excess in doing something for Me. From noon until 3pm adore My Sacred Wounds. \*Hopefully you can keep fasting\* until the time My Sacred Body was taken down from the Cross.'

#### Saturday

The Day of our Mother. On this day, venerate our Mother in a special way with a very particular tenderness. As you are well aware, she is the Mother of all graces. Wish that she be venerated on earth as she is venerated in heaven by the multitude of angels and saints. Seek for agonizing priests, the grace of a holy death.....Priestly souls will intercede for you, and the Most Holy Virgin will be waiting for your soul at the hour of death.

#### Sunday

Mary: 'Even on Sunday, your day of rest, you will do vigils and attend as many Masses as possible. Offer them for the youth. Offer these days especially for the young.'



**\*\*Night Vigils:** Our Lady on the 9th July, 1965 said, 'These vigils will save the souls of the dying and must be organised in every parish so someone is praying every moment. This is the instrument I place in your hands. Use it to blind Satan and to save the souls of the dying from eternal condemnation'.

**\*\*Fast as you are able.**

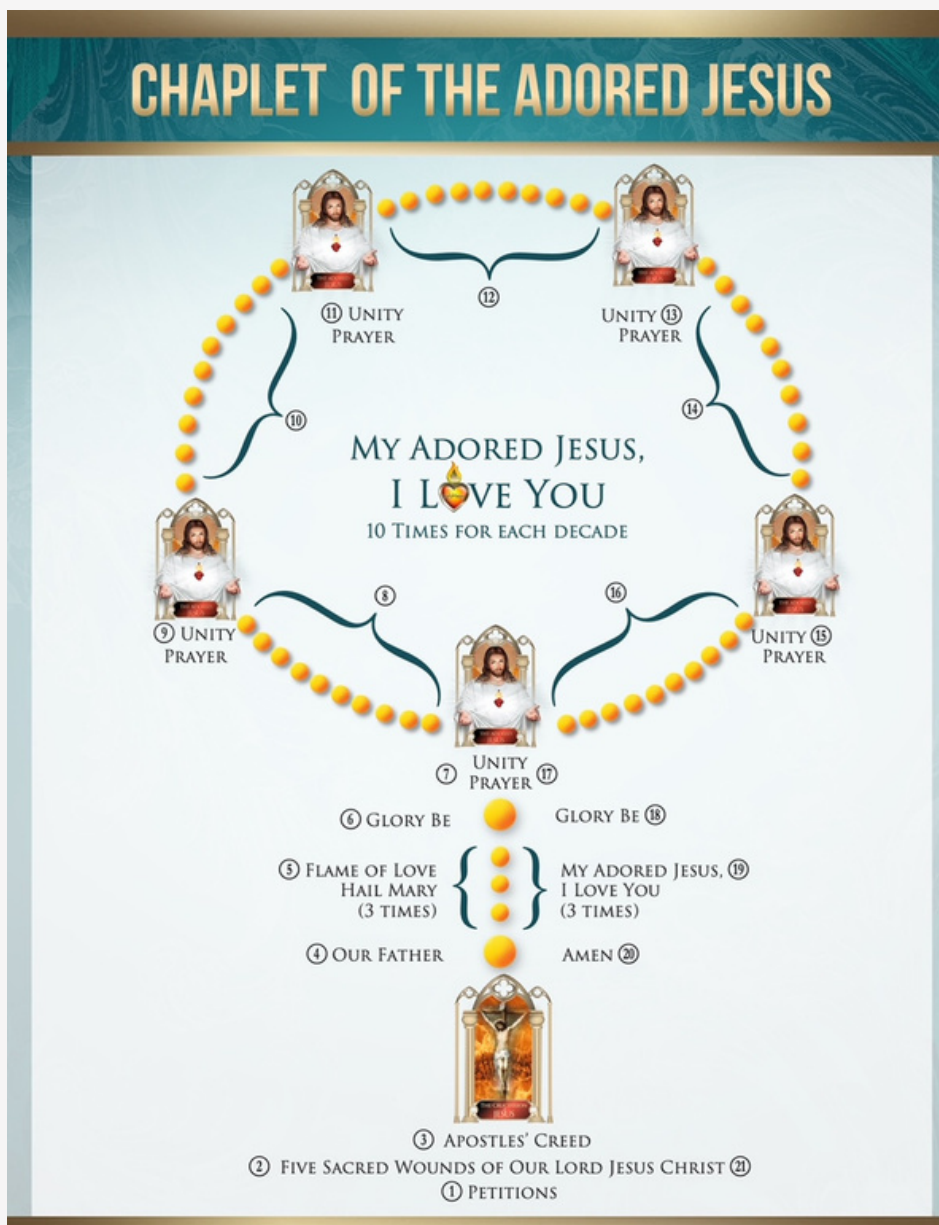




# THE FLAME OF LOVE CHAPLET OF THE ADORED JESUS



## HOW TO RECITE THE CHAPLET OF MY ADORED JESUS



### THE UNITY PRAYER

MY ADORABLE JESUS,  
MAY OUR FEET JOURNEY TOGETHER, MAY OUR  
HANDS GATHER IN UNITY, MAY OUR HEARTS  
BEAT IN UNISON, MAY OUR SOULS BE IN  
HARMONY, MAY OUR THOUGHTS BE AS ONE,  
MAY OUR EARS LISTEN TO THE SILENCE  
TOGETHER, MAY OUR GLANCES PROFOUNDLY  
PENETRATE EACH OTHER, MAY OUR LIPS PRAY  
TOGETHER TO GAIN MERCY FROM THE ETERNAL  
FATHER. AMEN

### THE FLAME OF LOVE HAIL MARY

HAIL MARY FULL OF GRACE, THE LORD IS  
WITH THEE. BLESSED ARE YOU AMONG  
WOMEN AND BLESSED IS THE FRUIT OF YOUR  
WOMB, JESUS.

HOLY MARY, MOTHER OF GOD, PRAY FOR US  
SINNERS,  
'SPREAD THE EFFECT OF GRACE OF THY FLAME  
OF LOVE OVER ALL OF HUMANITY'  
NOW AND AT THE HOUR OF DEATH. AMEN

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# FLAME OF LOVE PRAYERS THAT BLIND SATAN

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## THE UNITY PRAYER

MY ADORABLE JESUS,  
MAY OUR FEET JOURNEY TOGETHER,  
MAY OUR HANDS GATHER IN UNITY,  
MAY OUR HEARTS BEAT IN UNISON,  
MAY OUR SOULS BE IN HARMONY,  
MAY OUR THOUGHTS BE AS ONE,  
MAY OUR EARS LISTEN  
TO THE SILENCE TOGETHER,  
MAY OUR GLANCES PROFOUNDLY PENETRATE EACH OTHER, MAY  
OUR LIPS PRAY TOGETHER TO GAIN MERCY FROM THE ETERNAL FATHER.  
AMEN

## THE FLAME OF LOVE HAIL MARY

HAIL MARY FULL OF GRACE, THE LORD IS WITH THEE. BLESSED ARE YOU  
AMONG WOMEN AND BLESSED IS THE FRUIT OF YOUR WOMB, JESUS.

HOLY MARY, MOTHER OF GOD, PRAY FOR US SINNERS,  
'SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF  
HUMANITY'

NOW AND AT THE HOUR OF DEATH. AMEN

## WE ARE HERE TO HELP

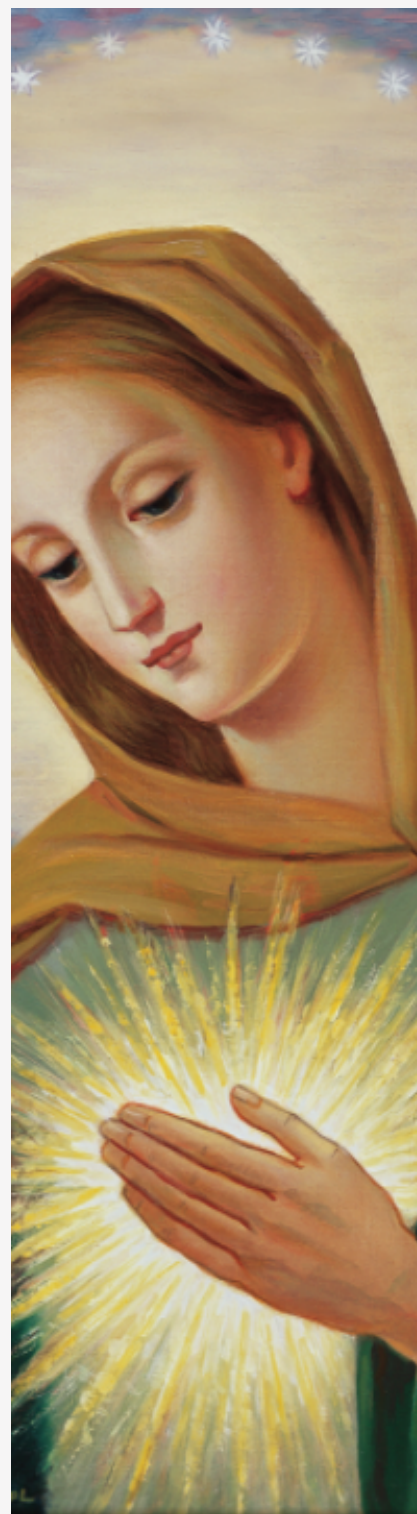
If you would like help setting up a cenacle, joining one already in place (either in person or virtually), arranging a talk about Our Lady's Flame of Love Movement in your parish, receive information about obtaining literature or information about our upcoming Prayer, Formation & Fellowship conferences, please reach out to us.

CONTACT US

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 Flame of Love Ireland



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